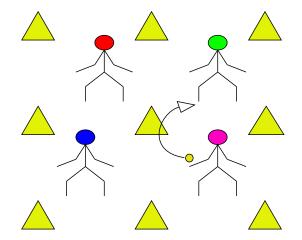
NEW ZEALAND SQUARES - Warm up activity

Set out grid of cones as shown for four players. each square is a player's court.

Tennis ball hit by hand by one player into one of the otehr three 'courts' and that play continues the rally.

Ball can bounce once.



Can be played for points.

Change ball type if required, could use reactor ball for high difficulty

Richard Hall 2013